

Quarantine with Apicius: Cooking Roman Food with Middle and High Schoolers

During quarantine, I decided to create a project that would teach students about Roman culture while also teaching them life skills they would need during a pandemic. During the project, students were to cook Roman food. In this presentation, I will first explain why the project came about. I will discuss some of the recent scholarship surrounding Roman food and its pedagogy. I will then explain how I divided up the recipes for a diverse group of students ranging from Middle through High School. Third, I will discuss how the project turned out and some student comments. Finally, I will explain how the project can be adapted in future years, whether online or in-person.